Familial Hypercholesterolemia (FH)

Things to Know

What is Familial Hypercholesterolemia (FH)?

Familial Hypercholesterolemia (FH) is a life-threatening genetic disorder that causes high cholesterol starting at birth.

FH is inherited and passed down through families. When one individual with FH is diagnosed, it is important to screen parents, siblings, and children to find others who may have inherited the genes.

FH Facts

One of out of every 250 people of all races and ethnicities has FH. It is one of the most common life-threatening family disorders.

More than 90 percent of people with FH in the US have not been properly diagnosed.

FH can be **diagnosed** based on a simple blood test, genetic testing, and/or a review of family history.

FH is treatable. Early and appropriate treatment can significantly lower the risk of cardiovascular disease for people with FH.

FH patients have a 2 1/2 to 10 times increased risk of heart disease, but when FH is diagnosed and treated early in life, the **risk is reduced by** approximately **80 percent**.

Untreated **men** are at a **50 percent risk** for a coronary event and untreated **women** are at a **30 percent risk** by age 59 or above.

Learn more at WholeMeFlorida.com.

WITH EARLY AND REGULAR TREATMENT, INDIVIDUALS WITH FH CAN LIVE LONGER, HEALTHIER LIVES.

Source: This information provided by TheFHFoundation.org.

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