

Outpatient Nutrition Therapy

at the AdventHealth Center for Nutritional Excellence

Our team of registered, licensed dietitians offers outpatient nutrition therapy to both adults and children. This program provides up-to-date nutrition and lifestyle recommendations based upon your particular diagnosis, along with tips on how to apply them to your everyday life.

Nutrition therapy is available for a wide range of conditions including:

- High cholesterol and high triglycerides
- High blood pressure
- Failure to thrive
- Digestive diseases
- Food allergies
- Cancer
- Pre-diabetes
- Overweight and obesity
- Pregnancy
- Tube-feeding management



What to Expect When You Meet With One of Our Dietitians

- One-on-one, individualized, nutrition therapy
- Professional review of current eating and lifestyle habits
- Evidence-based nutrition treatment for your particular diagnosis
- Assistance with setting realistic goals
- Guidance on overcoming barriers to achieve positive change
- Questions and concerns about nutrition will be addressed
- Recommended follow-up visits for continued success in meeting your nutrition goals

To schedule an appointment with one of our registered dietitians, call (407) 303-8157.

A referral from your healthcare provider is required to schedule an appointment and may be faxed to 407-303-0780. We will verify insurance coverage for your visit.

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.



Center for Nutritional Excellence

A part of AdventHealth Orlando
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