

# Steps for Identifying Familial Hypercholesterolemia

WholeMe Study

In partnership with personal genomics company, Helix, AdventHealth launched a large-scale, first-of-its-kind DNA study in Florida. This research not only gives participants a unique look at their genes and personal traits — from caffeine metabolism to circadian rhythm — it provides an important screening for familial hypercholesterolemia (FH) and the potential for early intervention of developing health conditions.

If you participate in this study, you will take the following steps.



## 1. Initial Testing

Complete the WholeMe initial testing by providing your saliva sample at one of our enrollment centers.



## 2. Confirmatory Blood Testing

If your test results are positive for familial hypercholesterolemia (FH), our genomics nurse navigator will contact you to coordinate a confirmatory blood test at the AdventHealth Translational Research Institute building.



## 4. Genomic Counseling Session

You will have the opportunity to have a one-on-one session with a genomics counselor that will be able to answer any questions you might have regarding the testing. We will provide you the contact information, so you can schedule an online appointment via Skype.



## 3. Cardiology Appointment

After receiving your blood test results, a free, one-time cardiology visit will be arranged at the AdventHealth Translational Research Institute, so you can learn about taking preventive action toward your health.



## 5. Comprehensive & Personalized Support

Our genomics care navigator will be available to you through every step of your health care journey. **If you have any questions along the way, you can contact her at 407-303-9241 or janet.celli@adventhealth.com.**



AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

 **AdventHealth**

[LearnAboutFH.com](http://LearnAboutFH.com)